

JUICE

Individual Juices
16.9oz. \$7.50

Cleanse Packages

1 Day \$45 2 Day \$85 3 Day \$125 5 Day \$200

NO.1 WARRIOR

Kale, Spinach, Cucumber, Celery, Apple, Lemon, Lime, Mint

NO.2 LOADED GREEN

Celery, Apple, Cucumber, Lemon, Lime, Chia Seeds

NO.3 PURE \$5.99

Lemon, Cayenne, Honey, Chia Seeds, Purified Water

NO.4 SOULLESS

Apple, Lime, Ginger, Honey, Purified Water

NO.5 OXYGEN

Carrot, Beet, Apple, Orange

NO.6 ROYAL ALMOND

Almonds, Dates, Vanilla, Cinnamon, Purified Water

PERFECT

Watermelon, Strawberry, Orange, Mint, Agave Nectar

ZINGER

Pineapple, Orange, Cucumber, Lemon

RABBIT

Carrot, Apple, Celery

FRESH COCONUT MILK

Schedule a cleanse. Call at least 24 hours
in advance to place your order.
Receive juices 1-6 each day you cleanse.

ACAI BOWLS

Made with Acai, a Brazilian superfruit high in antioxidants.

GONZO

16oz . \$7.25 24oz . \$10.25

Acai, Blueberry, Banana, Avocado, Cocoa, Natural Peanut Butter, Milk. Topped with Granola, Honey, & Fresh Fruit

ZEAL

16oz . \$7.25 24oz . \$10.25

Acai, Strawberry, Blueberry, Pineapple, Lime, Peach, Apple Juice. Topped with Granola, Coconut Flakes, Honey, & Fresh Fruit

BEACH BABE

16oz . \$7.25 24oz . \$10.25

Acai, Strawberry, Blueberry, Pineapple, Banana, Apple Juice. Topped with Granola, Coconut Flakes, Honey, & Fresh Fruit.

BRAZIL

16oz . \$7.25 24oz . \$10.25

Acai, Pineapple, Banana, Strawberry, Mango, Pineapple Juice. Topped with Granola, Honey, & Fresh Fruit

POISON

16oz . \$8.25 24oz . \$12.50

Acai, Blueberry, PB2, Cocoa, Protein, Milk. Topped with Granola, Honey, Mini Chocolate Chips, & Fresh Fruit

KIMBALL

16oz . \$9.25 24oz . \$13.50

Acai, Strawberry, Blueberry, Pineapple, Banana, Peanut Butter, Protein, Apple Juice. Topped with Granola, Coconut Flakes, Coconut Sugar, Honey, & Fresh Fruit.

SMOOTHIES

16oz. \$4.99 24oz. \$6.75

[Add Protein: \$1.00]

METTLE

Banana, Strawberry,
Spinach, Yogurt, Orange Juice

COLALA

Pineapple, Mango, Lime, Banana, Raw Sugar, Milk

ANTIOXIDANT MADHOUSE

Blueberry, Raspberry, Strawberry, Peach,
Apple Juice

SUNRISE

Pineapple, Mango,
Strawberry, Yogurt, Raw Sugar, Milk

GREENIE

Kale, Spinach, Apple, Banana, Mango, Orange Juice

QUEEN VICTORIA

Strawberry, Banana, Blueberry, Chia Seed,
Spinach, Orange Juice

SHOTS

SEA VEGATABLE

\$2.50 / SHOT

Nine Cold Pressed Sea
Vegetables.

LEMON GINGER

\$2.50 / SHOT

SHAKES

16oz. \$5.99

24oz. \$7.95

ROCK THAT ROAD

Banana, Avocado, Cocoa, Natural Peanut Butter,
Protein, Milk

ZANDER THOR

Blueberry, Cocoa, Oatmeal, PB2, Protein, Milk

CARB THE CRAVING

Banana, Oatmeal, Sweet Potato, Cinnamon,
Protein, Milk

BEAUTY

Spinach, Avocado, Banana,
Protein, Milk

YOUTH

Strawberry, Yogurt, Banana, Protein, Milk

KING COLE

Banana, Strawberry, Blueberry, Pineapple,
Avocado, Protein, Milk

Make any Shake or Smoothie a "Bowl"

[Granola, Fruit, & Honey]

\$2.00

THE BASIC \$3.95

Chocolate or Vanilla Protein, Ice, Milk. Customize with
Extras [See Extras & Substitutions menu for options]

EXTRAS & SUBSTITUTIONS

FREE

Nutmeg, Cinnamon, Cocoa, Vanilla, Sea Salt

50 CENTS

Oatmeal, Chia Seeds, Agave Nectar, Coconut Sugar, Turbinado, Flaxseed, Coconut Flakes, Almonds, Craisins, Raisins, Spinach, Kale, Ginger

ONE DOLLAR

Chocolate or Vanilla Protein [scoop], Almond Butter, Hemp Seeds, Honey, Dates, Peanut Butter, PB2 [powdered peanuts, less fat / calories], Mini Chocolate Chips, Peanut Butter Chips, Butterscotch Chips, Scoop of Fruit

TWO DOLLARS

Plant Based Protein [scoop], Weight Gainer Protein [Scoop] Make Shake / Smoothie a Bowl [Granola, Fruit, & Honey]

LIQUID OPTIONS

Free: 2% Milk, Orange Juice, Apple Juice, Pineapple Juice, Soy milk

50 Cents: Almond Milk, Coconut Milk

One Dollar: Chocolate Almond Milk

DISCLAIMER

Some of our products contain gluten, dairy, or nuts.

Cross contamination may occur.

If you have any allergies, please let us know.

SNACKS

SMOOTHIE POPS

\$1 / EA. OR 4 / \$3

Pick from any of the Smoothie, Shake, or Acai Bowl Menus.

BOTTLED WATER

Regular \$1 Large \$2

CITRUS WATER

\$3 / Purified Water Infused with Sliced Fruit & Citrus

TEA / HOT COCOA

\$2.50

VITAMIN C PACK

\$2

PRE WORKOUT

\$2.75 / SCOOP

FRESH FRUIT

\$1

FRESH GROUND PEANUT OR ALMOND BUTTER

See Label for Pricing Details

HONEY BAKED ALMONDS

\$3.99 / .5 LB. Bag

HOUSE GRANOLA

\$4.99 / 1 LB. Bag